

Robert Causley might have been born in Toronto, but he has been lucky enough to live and travel all across Canada, from the rocky shores of small town Newfoundland to the verdant forests near Vancouver.

It was childhood camping trips in the Coast Mountains that first awakened Robert's love and appreciation for the outdoors. From a young age, the paddle of a canoe was as comfortable in his hands as the shaft of a hockey stick. Sitting around the fire, with the crackle of cedar, that aroma like a primal incense, Robert knew that he would be drawn to the woods his whole life. Of course, as most BCers know to the depth of their damp bones, there was that persistent rain, but at least that helped him develop his other passion: the written word.

As a young man, Robert explored the back roads of North America, poring over topographic maps with friends and planning out trips as far as a beat-up pickup and underpowered motorbike would take them. Later on, when he discovered hiking, he realized that soaking up Nature in quality ways wasn't just about racking up miles, but about picking your spots. Robert's favourite "spots" are a solo hike across the pristine forests and beaches of the West Coast Trail, a hike through the arrestingly beautiful Grand Canyon, and a traversing of northern Guatemala via pedestrian roads. Other highlights of Robert's travel adventures include scuba diving in Honduras and swimming in the frigid waters of Lake Baikal in Siberia.

Robert currently lives in Langley, B.C., with his young family. He goes camping and fishing whenever he can, and enjoys exploring local trails with his dog, Zuzu. When not writing for Backroad Mapbooks, he works as a freelance writer, as well as writing technical manuals for a software company.